





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	Ongoing Activities
*Outings are in GREEN These include outings in the greater community as well as up in the main building at Clermont Park.	Locations: CR 1st: Community Room 1st floor AS: Art Studio FH: Fellowship Hall 3rd FL: 3rd Floor Lounge 2nd FW: 2nd Floor Willows FC: Fitness Center	<i>Please like us on Facebook to see photos of the club's culture and life enrichment!</i> 	1 1:30 Chaplain Chats with Mike/Juli Coffee Chat/Chronicle Exercise Bowling Dice Movement Matters	2 10:00 Memories in the Making with Courtney 2:00 Active Minds: Railroads (FH) Movement Matters Coffee Chat/Chronicle Exercise	3 11:00 The Year Of Pluto (FH) 11:30 Lunch in the Marketplace Coffee Chat/Chronicle Nina visits Exercise Movement Matters	4	EXERCISE CLASSES Wellness Walking Group (2ndFW) Tuesday & Thursday 8:30am Wii Bowling (FC) Tuesday and Thursday 1pm Strength Class (FC) Monday & Wednesday 10:05am Healthy Back (FC) Monday 10:40am Exercise with Carolina (FC) Wednesday 9:30am Balance (FC) Wednesday 11:15am Fitness Center— If you are interested in using the Fitness Center, let Courtney or Tiffany know SPIRITUAL SERVICES Bible Study (FH) Monday 10:00am Catholic Communion (CR1st) Mon 9:45am *If you desire to meet with a Chaplain or another clergy of another faith, let Courtney or Tiffany know and we can make arrangements for you CARDS & GAMES Refresher Bridge (3rd FL) Monday 1:00pm Billards/Pool— Anytime by request in main building Bocce Ball (4455 S. Harvard) Thursday 4pm Uno, Monopoly, Farkle, Rummy, Black Jack, Poker— Any games you'd like by request.
5 	6 9:30 Lorna Kenny 10:30 Cinco de Mayo Trivia 11:00 Mexico Trip and Education by Courtney 1:30 Lita on Piano 2:00 Cinco de Mayo Celebration (Marketplace) 2:30 Honey Movement Matters	7 Happy Birthday, Clare! 9:30 Chaplain Rebecca 10:30 Curious Dragonfly: Titanic part 3 3:00 Birthday Party Coffee Chat/Chronicle Exercise Movement Matters	8 9:30 Baking for Suites 11:30 Lunch in the Marketplace 1:00 Deliver treats to the Suites 1:30 Chaplain Chats with Mike/Juli Coffee Chat/Chronicle Exercise Bowling Movement Matters	9 2:00 The World's Newest Emperor—T.R. Reid (FH) Coffee Chat/Chronicle Exercise Darts Movement Matters	10 11:30 Lunch in the Marketplace 2:30 Root Beer Floats (National Root Beer Day) 3:00 Friday Worship Service (FH) Coffee Chat/Chronicle Exercise Movement Matters	11	
12 	13 9:00 Baking for the Suites 9:30 Lorna Kenny 11:30 Lunch in the Marketplace 1:00 Deliver treats to Suites 1:30 Walking in Your Shoes with Tiffany! (FH) 3:00 Improv with Marla (FH) Movement Matters	14 9:30 Chaplain Rebecca 10:30 Meg Kenny 2:00 Basics Series: Who Are We? Fellowship/Social (with Chaplain Mike) Coffee Chat/Chronicle Exercise Movement Matters	15 11:00 Molly Kaufman on the piano and sing along 1:30 Chaplain Chats with Mike/Juli 2:00 All Community (FH) Coffee Chat/Chronicle Exercise Farkle Movement Matters	16 10:30 Curious Dragonfly: Volcanoes 1:30 Memories in the Making with Court Coffee Chat/Chronicle Exercise Uno Movement Matters	17 11:30 Lunch in the Marketplace 3:00 Friday Worship Service (FH) Coffee Chat/Chronicle Nina visits Movement Matters	18	
19	20 9:30 Lorna Kenny 9:30 Village Inn coffee and Pie 1:30 Lita on Piano 2:30 Honey Coffee Chat/Chronicle Exercise Movement Matters	21 9:30 Chaplain Rebecca 10:30 Meg Kenny 2:00 Basics Series: Who Are We? Teaching/Intellectual (with Chaplin Mike in FH) 2:00 Diane on Piano Coffee Chat/Chronicle Exercise Movement Matters	22 1:30 Chaplain Chats with Mike/Juli Coffee Chat/Chronicle Exercise Trivia Movement Matters	23 10:30 Planting for Spring 1:30 Music Therapy with Aileen Coffee Chat/Chronicle Exercise Trivia Baking Movement Matters	24 11:05 Cranium Crunches 3rd WL) 11:30 Lunch in the Marketplace 12:30 Joy Ride with AL 3:00 Friday Worship Service (FH) Coffee Chat/Chronicle Exercise Movement Matters	25	MISCELLANEOUS Sign Language (AS) Monday 1:00 pm Peaceful Hour (FH) Monday 9:00am Events Planning Committee for Clermont Park (FH) Tuesday 10/2/18 at 11am Keepers Committee—Employee Retention (CR 1st) 4th Wednesday of the Month (10/24) Boutique Shopping — Anytime by request Clermont Market— Anytime by request Salon—Let Courtney or Tiffany know and we can make an appointment for you Library — Anytime by request ARTS Art Gallery— Anytime by request Art Room Access Anytime— Various art supplies are always at the ready. Let Courtney or Tiffany know if there are any art supplies you would like and we can get them for you.
26	27 Club Closed HAPPY MEMORIAL DAY 	28 9:30 Chaplain Rebecca 10:30 Meg Kenny 2:00 Basics Series: Who Are We? Prayer/Spiritual (with Chaplin Mike in FH) Movement Matters Coffee Chat/Chronicle Exercise	29 1:30 Chaplain Chats with Mike/Juli 2:00 Joe Diamo Piano & Singing (FH) Coffee Chat/Chronicle Exercise Trivia Movement Matters	30 10:00 Memories in the Making with Court Coffee Chat/Chronicle Exercise Movement Matters	31 11:30 Lunch in the Marketplace 3:00 Friday Worship Service (FH) Coffee Chat/Chronicle Nina visits Movement Matters	Offered in a Club setting, activity options are directed by Club Members. We welcome requests and suggestions for activities and outings. Let Courtney or Tiffany know if there are things you would like to do or places you would like to go!	