






# November 2024



# Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<p><b>10:30</b> Sunday Worship with Chaplain Brian (CR)</p> <p><b>1:00</b> Hangman Challenge with Joanna (2AC)</p> <p><b>1:00</b> Bridge (3AC)</p> <p><b>2:00</b> Daddy Long Legs- Sunday Movie (CR)</p> <p><b>3:30</b> Crafting Corner- Pumpkin Patch Painting (GCS)</p> <p><b>5:30</b> Board Games with Grant (Lby)</p>	<p><b>9:30</b> Parkinson's Yoga (FC)</p> <p><b>10:30</b> Noodle Ball (Lby)</p> <p><b>11:00</b> Dollar Store Shopping (B)</p> <p><b>1:00</b> Balance Exercise (FC)</p> <p><b>1:00</b> Pinochle (CRA)</p> <p><b>1:30</b> MoveMor (FC)</p> <p><b>2:00</b> Stretch and Flex (FC)</p> <p><b>2:00</b> Active Minds- Songs from WWII (CR)</p> <p><b>3:00</b> Rosary/Communion (GCS)</p> <p><b>3:30</b> IN2L Trivia (2AC)</p> <p><b>6:30</b> Canasta (Lib)</p>	<p><b>9:00</b> Strength &amp; Conditioning (FC)</p> <p><b>9:30</b> Manicures with Rachel (2AC)</p> <p><b>9:30</b> Men's Coffee Crew &amp; Meeting (GCS)</p> <p><b>10:00</b> Balance Exercise (FC)</p> <p><b>10:00</b> Watch Repair (Lby)</p> <p><b>10:45</b> Assisted Living Fitness (2AC)</p> <p><b>1:30</b> Armchair Travel: Egypt Wonders of the Ancient World (CR)</p> <p><b>2:00</b> Advisory Committee (GCS)</p> <p><b>2:30</b> Fall Garden Clean Up (CY)</p> <p><b>3:15</b> Concentration Puzzles (2AC)</p> <p><b>6:30</b> Line Dancing with Hailey (Lby)</p>	<p><b>9:00 Resident Computer Counselor (Lby)</b></p> <p><b>9:45</b> Bible Study (CR)</p> <p><b>10:00</b> Koelbel Library (Lib)</p> <p><b>10:00 Holly Creek Holiday Bazaar (B)</b></p> <p><b>1:00</b> Balance Exercise (FC)</p> <p><b>1:30</b> MoveMor (FC)</p> <p><b>1:30</b> Celebration of Life for Miriam (CR)</p> <p><b>2:00</b> Stretch and Flex (FC)</p> <p><b>3:15</b> Domino Cover-Up (2AC)</p> <p><b>3:30</b> Wine'd Down Wednesday Social (Lby)</p> <p><b>7:00</b> Night Owl Bingo (Lby)</p>	<p><b>9:00</b> Strength &amp; Conditioning (FC)</p> <p><b>10:00</b> Balance Exercise (FC)</p> <p><b>10:00</b> Grief and Support (CR)</p> <p><b>10:45</b> Assisted Living Fitness (2AC)</p> <p><b>1:00</b> Cribbage (3AC)</p> <p><b>2:00</b> Resident Welcomers (Lib)</p> <p><b>2:30</b> Common Endings (2AC)</p> <p><b>3:30</b> Chris Wells- "Germany &amp; Its Marvelous Castles" (CR)</p> <p><b>6:30</b> Canasta (Lib)</p>	<p><b>10:30</b> Friday Bingo with Rachel (2AC)</p> <p><b>1:00</b> Balance Exercise (FC)</p> <p><b>1:00</b> Choir Practice (CR)</p> <p><b>2:00</b> Music with Jonnie (Lby)</p> <p><b>2:30</b> Bridge (3AC)</p> <p><b>3:15</b> TWANG Category Words (2AC)</p>	<p><b>8:00</b> Activity Packets (AN)</p> <p><b>10:15</b> Rummikub (3AC)</p> <p><b>10:30</b> Virtual Tour- Banff National Park (2AC)</p> <p><b>1:30</b> Bingo! (CRA)</p> <p><b>2:00</b> Rosie's 90th Birthday Celebration (Lby)</p> <p><b>3:00</b> Traveling with Diane to New Hampshire (CR)</p>
<b>10</b>	<b>11 VETERANS DAY</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<p><b>10:30</b> Sunday Worship with Chaplain Robert (CR)</p> <p><b>1:00</b> Family Feud with Joanna (2AC)</p> <p><b>1:00</b> Bridge (3AC)</p> <p><b>1:30</b> Smile as Big as the Moon- Sunday Movie (CR)</p> <p><b>3:30</b> Crafting Corner- Thank you Veteran Ornaments (GCS)</p> <p><b>4:00</b> Choir Practice (CR)</p> <p><b>5:30</b> Board Games with Grant (Lby)</p>	<p><b>9:30</b> Parkinson's Yoga (FC)</p> <p><b>10:30</b> Noodle Ball (Lby)</p> <p><b>1:00</b> Balance Exercise (FC)</p> <p><b>1:00</b> Pinochle (CRA)</p> <p><b>1:30</b> MoveMor (FC)</p> <p><b>2:00</b> Veteran's Celebration Denver Brass (Lby)</p> <p><b>2:00</b> Stretch and Flex (FC)</p> <p><b>3:00</b> Rosary/Communion (GCS)</p> <p><b>3:30</b> IN2L Trivia (2AC)</p> <p><b>6:30</b> Canasta (Lib)</p>	<p><b>9:00</b> Strength &amp; Conditioning (FC)</p> <p><b>9:30</b> Manicures with Rachel (2AC)</p> <p><b>9:30</b> Men's Coffee Crew (GCS)</p> <p><b>10:00</b> Balance Exercise (FC)</p> <p><b>10:00</b> Holiday Market (Lby)</p> <p><b>10:45</b> Assisted Living Fitness (2AC)</p> <p><b>12:00 Ladies Lunch In: Pizza (DR)</b></p> <p><b>2:00</b> The Great Plains- America's National Treasures (CR)</p> <p><b>3:15</b> Spectacular Sandwiches Pass It On (2AC)</p> <p><b>6:00</b> Pie Social (Lby)</p>	<p><b>9:00 Resident Computer Counselor (Lby)</b></p> <p><b>9:45</b> Bible Study (CR)</p> <p><b>1:00</b> Balance Exercise (FC)</p> <p><b>1:30</b> MoveMor (FC)</p> <p><b>2:00</b> Stretch and Flex (FC)</p> <p><b>2:15</b> November IQ (2AC)</p> <p><b>3:00</b> AL Neighborhood Meeting (CR)</p> <p><b>3:30</b> Wine'd Down Wednesday Social (Lby)</p> <p><b>6:00</b> Karaoke Sing A Long (CR)</p> <p><b>7:00</b> Night Owl Bingo (Lby)</p>	<p><b>9:00</b> Strength &amp; Conditioning (FC)</p> <p><b>10:00</b> Balance Exercise (FC)</p> <p><b>10:00</b> Food Forum (CR)</p> <p><b>10:30</b> Give Unto Others (CRA)</p> <p><b>10:45</b> Assisted Living Fitness (2AC)</p> <p><b>1:00</b> Cribbage (3AC)</p> <p><b>2:00</b> Music with Bonnie (Lby)</p> <p><b>3:15</b> Trifecta Words (2AC)</p> <p><b>6:30</b> Canasta (Lib)</p>	<p><b>10:30</b> Friday Bingo with Rachel (2AC)</p> <p><b>1:00</b> Balance Exercise (FC)</p> <p><b>1:00</b> Choir Practice (CR)</p> <p><b>2:30</b> Bridge (3AC)</p> <p><b>3:00</b> Trivia Time (CR)</p>	<p><b>8:00</b> Activity Packets (AN)</p> <p><b>10:15</b> Rummikub (3AC)</p> <p><b>10:30</b> Virtual Tour- St. Lucia (2AC)</p> <p><b>2:00</b> Fall Choir Concert (Lby)</p> <p><b>3:30</b> Whacky Wordies (2AC)</p>

**Bold activity** = Sign up mandatory

2AC = 2nd Floor AL Alcove, FC = Fitness Center, CR = Community Room, 3AC = 3rd Floor AL Alcove, AN = All Neighborhoods, CRA = Community Room Alcove, GCS = Grand Central Station, Lby = Lobby, B = Bus, Lib = Library, CY = Courtyard, DR = Dining Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>10:30</b> Sunday Worship with Chaplain Cindy (CR) <b>1:00</b> Hangman Challenge with Joanna (2AC) <b>1:00</b> Bridge (3AC) <b>2:00</b> Best in Show- Sunday Movie (CR) <b>3:30</b> Crafting Corner- Thankful Connections Paper Chain (GCS) <b>5:30</b> Board Games with Grant (Lby)	<b>9:30</b> Parkinson's Yoga (FC) <b>10:30</b> Noodle Ball (Lby) <b>1:00</b> Balance Exercise (FC) <b>1:00</b> Pinochle (CRA) <b>1:30</b> MoveMor (FC) <b>1:30</b> Resident Sharing (CR) <b>2:00</b> Stretch and Flex (FC) <b>3:00</b> Rosary/Communion (GCS) <b>3:30</b> IN2L Trivia (2AC) <b>6:30</b> Canasta (Lib)	<b>9:00</b> Strength & Conditioning (FC) <b>9:30</b> Men's Coffee Crew (GCS) <b>9:30</b> Manicures with Rachel (2AC) <b>10:00</b> Balance Exercise (FC) <b>10:00</b> <b>Coffee and Donuts at Clermont Park (B)</b> <b>10:45</b> Assisted Living Fitness (2AC) <b>1:00</b> Bring Your "A" Game (2AC) <b>2:00</b> The Geological West- America's National Treasures: (CR) <b>3:15</b> Volleyball (Lby)	<b>9:00</b> <b>Resident Computer Counselor (Lby)</b> <b>9:45</b> Bible Study (CR) <b>10:00</b> Koelbel Library (Lib) <b>12:00</b> <b>Men's Lunch In: Pizza (DR)</b> <b>1:00</b> Balance Exercise (FC) <b>1:30</b> MoveMor (FC) <b>1:30</b> Men VS Ladies Games (CR) <b>2:00</b> Stretch and Flex (FC) <b>3:15</b> Concentration Puzzles (2AC) <b>3:30</b> Wine'd Down Wednesday Social (Lby) <b>7:00</b> Night Owl Bingo (Lby)	<b>9:00</b> Strength & Conditioning (FC) <b>10:00</b> Balance Exercise (FC) <b>10:30</b> Fireside Chat (CR) <b>12:00</b> Birthday Luncheon (DR) <b>1:00</b> Cribbage (3AC) <b>2:00</b> Birthday Social & Music with Larry O (Lby) <b>3:15</b> Mixed-Up Monopoly (2AC) <b>6:30</b> Canasta (Lib)	<b>10:30</b> Friday Bingo with Rachel (2AC) <b>1:00</b> Balance Exercise (FC) <b>1:00</b> Choir Practice (CR) <b>2:30</b> Bridge (3AC) <b>3:15</b> Word Webs (3AC)	<b>8:00</b> Activity Packets (AN) <b>10:15</b> Rummikub (3AC) <b>10:30</b> Virtual Tour- British Virgin Islands (2AC) <b>1:30</b> Bingo! (CRA) <b>3:15</b> Wii Bowling (FC)
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28 THANKSGIVING</b>	<b>29</b>	<b>30</b>
<b>10:30</b> Sunday Worship with Chaplain Cheryl (CR) <b>1:00</b> Family Feud with Joanna (2AC) <b>1:00</b> Bridge (3AC) <b>2:00</b> The Bucket List- Sunday Movie (CR) <b>3:30</b> Crafting Corner- Landyards (GCS) <b>5:30</b> Board Games with Grant (Lby)	<b>9:30</b> Parkinson's Yoga (FC) <b>10:30</b> Noodle Ball (Lby) <b>1:00</b> Balance Exercise (FC) <b>1:00</b> Pinochle (CRA) <b>1:30</b> MoveMor (FC) <b>2:00</b> Stretch and Flex (FC) <b>2:00</b> Active Minds- Thanksgiving (CR) <b>3:00</b> Rosary/Communion (GCS) <b>3:30</b> IN2L Trivia (2AC) <b>6:30</b> Canasta (Lib)	<b>9:00</b> Strength & Conditioning (FC) <b>9:30</b> Men's Coffee Crew (GCS) <b>9:30</b> Manicures with Rachel (2AC) <b>10:00</b> Balance Exercise (FC) <b>10:30</b> Pen Pal Day (CRA) <b>10:45</b> Assisted Living Fitness (2AC) <b>12:00</b> Thanksgiving Parade (Lby) <b>1:30</b> Catholic Mass (CR) <b>2:30</b> Historic Pacific Northwest- America's National Treasures (CR) <b>3:30</b> Volleyball (Lby)	<b>9:00</b> <b>Resident Computer Counselor (Lby)</b> <b>10:30</b> Cooking with Joanna- Bumps on a Log (CRA) <b>1:00</b> Balance Exercise (FC) <b>1:30</b> MoveMor (FC) <b>1:30</b> Thanksgiving Service (CR) <b>2:00</b> Stretch and Flex (FC) <b>3:15</b> Perfect 10 Game (2AC) <b>3:30</b> Wine'd Down Wednesday Social (Lby) <b>7:00</b> Night Owl Bingo (Lby)	<b>1:00</b> Cribbage (3AC) <b>1:30</b> "An Old Fashion Thanksgiving"- Movie (CR) <b>6:30</b> Canasta (Lib)	<b>10:30</b> Friday Bingo with Rachel (2AC) <b>1:00</b> Balance Exercise (FC) <b>1:00</b> Choir Practice (CR) <b>2:00</b> Music with Ethan (Lby) <b>2:30</b> Bridge (3AC) <b>3:15</b> Jeopardy Trivia (CR)	<b>8:00</b> Activity Packets (AN) <b>10:15</b> Rummikub (3AC) <b>10:30</b> Virtual Tour- Santorini (2AC) <b>1:00</b> Saturday Movie- A Man Called Otto (CR) <b>1:30</b> Bingo! (CRA) <b>3:00</b> Ukulele Jammers (Lby)



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